

Carers Strategy Refresh November 2011

Recommended Priorities

<p>Identification and recognition <i>Supporting those with caring responsibilities to identify themselves as carers at an early stage, recognising the value of their contribution and involving them from the outset both in designing local care provision and in planning individual care packages</i></p>	<ul style="list-style-type: none"> • Information Sharing Policy Implementation across LHE • Monitor and address issues raised by Carers Centre Reaching OUT project for BME, LGBT and other disadvantaged communities • Integrated Primary Care Teams Carer Support Service • Carers Contact Assessments available from range of providers and self assessment • End of Life and Bereavement support • Embrace initiative • Increase numbers of Key Workers for parent carers • Transitions • Review Learning Disability carer engagement • Parent carer engagement - reach and thus represent the more vulnerable families. • Accessible community services in order to reach dementia carers at an early stage • Involvement and feedback from carers to shape appropriate services • Increased recognition of needs of mental health carers
<p>Realising and releasing potential <i>Enabling those with caring responsibilities to fulfil their educational and employment potential</i></p>	<ul style="list-style-type: none"> • Support to working carers • Support to carers to access education, training & employment • Services in place long enough for carers to work full day, i.e. 8am – 6pm
<p>A life outside of caring <i>Personalised support both for carers and those they support, enabling them to have a family and community life</i></p>	<ul style="list-style-type: none"> • Universal offer for carers • Services for carers • Quality, flexible breaks • Support to parents to develop independence/life skills training with cared for person • Respite that develops life skills • Continue to promote and develop the Carers Card • Maintain current levels of respite provision for parent carers • Ability to access alternative care at times and days to suit carer • Activities available for both carer and cared for

<p>Supporting carers to stay healthy <i>Supporting carers to remain mentally and physically well</i></p>	<p>person together</p> <ul style="list-style-type: none"> • Advice and support available through Carers Centre, Alzheimer's Society and Patched; • Dementia training, • Looking After Me, • Mindfulness Based Cognitive Therapy, • Positive Caring • Back Care Support Workers will provide advice to all carers with service based at Daily Living Centre and also to support hospital discharge and access from other short term services • Male carers support • Counselling • Concurrent support groups for carers and people with dementia at same time and venue • Amaze "Looking After You" relaxation course for parent carers • Online support networks
<p>Young Carers <i>Children and young people will be protected from inappropriate caring and have the support they need to learn, develop and thrive, to enjoy positive childhoods and to achieve against all the Every Child Matters outcomes.</i></p>	<ul style="list-style-type: none"> • Joint working between services for adults and services for children and whole family work & young carers pathway across all services • Support for young adult carers including befriending/mentoring • Sibling carers • Raise profile of young carers in Youth Strategy • Healthy living programme • Additional capacity in Young Carers Team for 8-12s and teens work • Family support work • Ensure respite options considered for young carers